



KDA CTE Advisory Minutes
Zoom
March 9, 2021

In attendance: Jodi Senk, Karl Aragundi, Joel Ramirez, Kent Vo, Bianca Urquidi, Rachel Lopez, Jennifer Tanaka, Kelly Okamoto, Teddy Esko, Jessica Kondrath, Olivia Limon, Alyson Cartagena, Lisa Jay

Agenda Item	Discussion	Follow-up
Welcome and Introduction	Meeting called to order: 4:00pm. Jodi welcomed everyone. She asked that each attendee introduce themselves and give a brief statement of their background and where they came from.	
Fall 2019 Minutes and approval	Minutes reviewed	Kelly Okamoto motioned to accept and approve the minutes. Seconded by Jennifer Tanaka Call for questions Call for vote: Unanimous Aye (one abstention who was not present)
Certificate Program Updates	<p style="text-align: center;">A. Fitness Specialist/Other Certificates</p> 1) Jodi Senk mentioned the challenges faced by COVID in the industry, programs cruising along. 2) Jodi Senk reported the addition of the Yoga Certificate program and Community Health Worker Certificate with some participation. "It's	

nice that the classes overlap". Students can supplement sociology or psychology classes.
3) She stated the Strength and Performance Certificate is not ready due to a 200 level class not offered yet-due to COVID.
4) Fitness Specialist classes not offered this Spring and maybe Summer. Challenge for the few that need it to complete.

B. Coaching Certificate

Jennifer Tanaka stated they were able to get funding from Perkins that paid for the exams that the students are completing. As part of the class, they are offered: Positive Coaching Alliance double goal coaching certificate program, The American Sports Education program coaching certification for the local High School level. She reported really good feedback from the graduates, in addition to the new certificates, it has helped with employment. Prior to grant, students paid \$100 for exams. Unfortunately, the class has not been offered twice in a year, due to leadership and COVID. Low enrollment lately, so creativity needed to bring students back.

C. Dance Certificates

Alyson Cartagena reported the certificate is up and running but unfortunately it has been a trying time for dance. Due to COVID and other circumstances, low enrollment and many classes cancelled. Such as: choreography, dance performance, rehearsal production,

ensemble and repertory. Big impact on current and future, so it's like starting over.

D. Fitness and Sport Management

Jodi Senk reiterated that the Fitness and Sport Management Certificate got approved last year. It will be fully online with several new classes, but have not been offered yet due to COVID. Hoping for optimism in the future with being online, so students can go to next level, start their own business or get into the sports industry. Benefiting from classes like: Sports and Ethics, Class Management and Leadership classes.

E. Facilities

Jodi Senk emphasized the challenge of the Fitness Center, gym, fields and classrooms not being open. Looking forward to Fall reopening, hopefully. She mentioned Jennifer Tanaka has been working to get ideas to meet protocols for returning.

F. Proposals

1. Mat Pilates/Yoga

Jodi invited input for new certificates. We have a Mat Pilates class. She proposed a Theory and analysis of Fitness Instruction, which blends with Fitness Specialist and Yoga programs. In addition, adding a Special Populations Class for rehab, injury and low impact capabilities. Another suggestion is to add Pilates II for further advancement. (wishing for

Jessica Kondrath encourage/liked classes like KINA 131,145,146 feed into the others. Suggested diving into touch, biomechanics, props for special pops, posture alignment,

	<p>reformers, chairs or springboards when more space becomes available.) Jodi commented on teaching some advance skills in the yoga theory classes promoting philosophies, background, and history.</p> <p>Alyson Cartagena mentioned it's been 4-5 years getting Yoga Certificate up and running, prior to Pilates.</p> <p>Jodi questioned, should Mat I & II and dance be activity class or for units?</p> <p>Alyson replied "a requirement". Then added looking into special pops, methodologies and 114 are different units? Using the various modes does enhance training for future good instructors.</p> <p>Lisa Jay shared excitement about her experience with students wanting future suggestions for the next class to take. She looks forward to introducing them to other things now. She volunteered in any way she can.</p> <p>Alyson Cartagena is glad it supports the certificate but also would entice students to continue on with the program.</p> <p>Jodi Senk reiterated that even in strength and conditioning, there is a lot of yoga and pilates integrated.</p> <p>Bianca Urquidi shared about her 131 class, that is basically movement anatomy, movement and biomechanics too. She explained how distance learning has been hard but has given students more experience in thinking outside the box and presenting yourself. The students also ventured out into dance movements, RX, Pilates</p>	<p>queuing and different body types. KINA 145-146 lead into fitness and getting a foundation of basic mechanics. She teaches this at El Camino.</p> <p>Alyson Cartagena encouraged changing Dance 114 to Conditioning and alignment so that it would crossover to Dance and Pilates Certificates, and possible introducing some of Jessica's skills she mentioned. It would also help with enrollment. Also recommended advanced 114 name to change to fit with velocity certificate.</p> <p>Jodi Senk mentioned supplementing the yoga class, but that might be crazy and hard at the state level.</p> <p>Jodi Senk asked Jessica about getting that curriculum? Jessica replied "yes, she wrote it"</p>
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	<p>movements as well as traditional for their Capstone Projects, teaching them to sell themselves.</p> <p>Jessica Kondrath shares the same sentiment with Bianca but coming from another perspective. (from injury/curiosity to training methodology.)</p> <p>There was discussion about grants and stipends to write that class. Also including anatomy of movement to the yoga and dance certificate? It would require the chancellor's office, but maybe with fewer students it could happen sooner than later.</p> <p>2. Barre and Latin Dance Instructors</p> <p>Jodi visited Latin Dance/Barre tying into a certificate</p> <p>Lisa Jay, Alyson Cartagena, Jessica Kondrath and Rachel Lopez</p> <p>Discussed scenarios and tie in choreography.</p> <p>3-4. Other Certificates</p> <p>Jenni Tanaka suggested 5 stacking certificates that feed into previous ones.</p> <p>Sports Leadership, Sport Studies, Human Performance Sports, Health-Safety-Wellness, Inter Collegiate for Athletic Competition.</p> <p>Jodi explored that a Stress Management and Wellness Coach certificate would be good.</p> <p>All agreed to stack it, since we all deal with stress.</p> <p>Degree(s)</p> <p>Jodi visited options of Fitness of human performance, PE, Coaching... Management/Leadership(?).</p>	<p>Joel Ramirez's idea of creating "Exercise Psychology for stress management?" Lisa Jay's idea "stacking this with Fitness Specialist.</p> <p>Jenni Tanaka Motioned to explore these options and Joel Ramirez Second it.</p> <p>All unanimous. Aye</p> <p>Bianca Urquidi made a Motion to pursue degree</p>
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	<p>Suggestions of overlapping and APE were brought up with an upcoming need. 3 tracks or 3 degrees? Exercise Science degree is the goal, and have our classes be transferable. Building strength in our programs and marketable for students.</p>	<p>in Exercise Science with 3 tracks. Second Joel Ramirez. All unanimous. Aye</p>
<p>Perkins/CTE/ Strong Workforce</p>	<p>A. Equipment Jodi Senk shared purchases made with Perkins funding for fitness center. Poker training provided that Jenni, Teddi and Bianca</p> <p>B. Learning Technologies</p> <p>C. Training Jodi Senk spoke of how Jenni, Teddi and Bianca have been trained for POOCR online teaching so far.</p> <p>D. Marketing / New Brochures / Website New Brochures are in the making Jodi stated.</p> <p>E. Videos Jodi Senk shared that last fall the fitness specialist and coaching programs made some professional videos with participation from our soccer and volleyball players. (Provided by Strong Workforce)</p> <p>F. Career Pathways manual Jodi Senk mentioned she is currently working on a manual for students, counselors and people exploring, to benefit.</p> <p>G. Wellness Wednesday Jenni Tanaka's brainchild, has brought exposure to our campus. Lisa Jay teaching Yoga and Latin dance showcasing some of our talent.</p>	

	<p>5. Discussion</p> <p>Jodi Senk concluded by giving thanks for all the help and participation that helps to improve the program and raise the bar.</p> <p>A final invitation for discussion was opened up. Future ideas for massage was mentioned by Alyson Cartagena. Look for someone trained and a kinesiology background. Kelly Okamoto mentioned a four session training was offered years ago by continuing ed.</p> <p>Olivia asked about follow up on officiating? Due to COVID. Must look into it again once we return, Jodi Senk replied. (Years ago curriculum was written and discussed with Kathy Pudelko. Jenni Tanaka shared.) Revisit? A certificate would be a start. Connect with other colleges.</p>	<p>Alyson suggested to reach out to Mike Slavich for advice from the college standpoint.</p>
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